

About the NDIS

How to start my NDIS plan with a Support Coordinator



Easy English

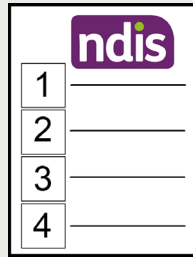
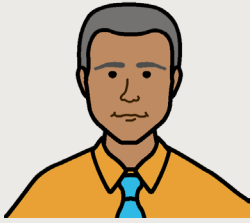
Hard words

This factsheet has some hard words.

The first time we write a hard word

- the word is in **blue**
- we will write what the hard word means.

About this factsheet



This factsheet is about how to start your **National Disability Insurance Scheme** plan with a **Support Coordinator**.

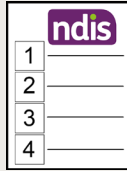
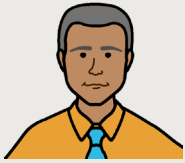


The National Disability Insurance Scheme is called the NDIS.

The NDIS helps people under 65 with a disability get



- care
- supports.

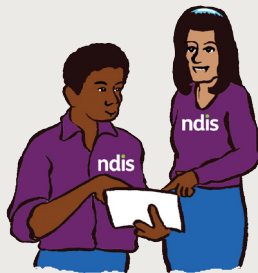


A Support Coordinator is someone who can help make your NDIS plan happen.

Your Support Coordinator is the person you can contact to ask questions about your plan.



When you join the NDIS someone from the **National Disability Insurance Agency** will help you make your first plan.



The National Disability Insurance Agency or NDIA are the people that manage the NDIS.

When you and the NDIS say **yes** to your plan you can



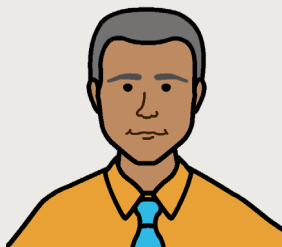
- manage your own plan

or



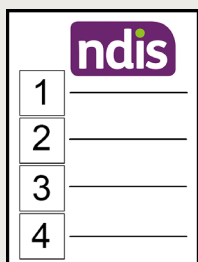
- get help to make your plan happen.





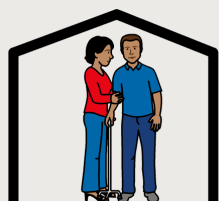
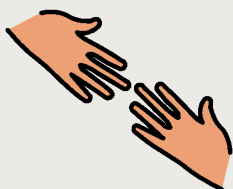
What does a Support Coordinator do?

Your Support Coordinator will help you make your plan happen.



They will contact you to talk about

- your plan
- how to get the supports you need
- how to join your local community
- how to use the NDIS participant website called myplace
- how to find **providers**. Providers give services to people with a disability to support them.





Your Support Coordinator will also

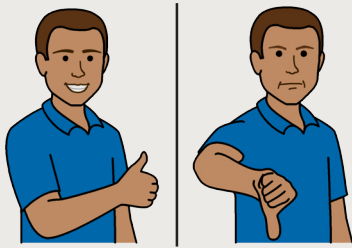
- check that you are happy with your plan

- help you make **goals** for your next plan.

Your goals are what you need to live the life you want.

How can I get ready to talk to my Support Coordinator?

You can think about



- things in your life that are good
- things in your life that are **not** good



- providers you want to use



- activities or groups you want to join
- things you want to learn how to do



- the work you want to do.



More information



Go to our website

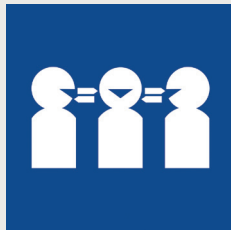
www.ndis.gov.au



Call 1800 800 110

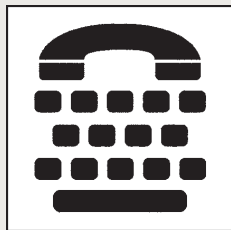
Monday to Friday

8 am to 11 pm



Telephone Interpreting Service

131 450



TTY users

1800 555 677 then ask for 1800 800 110



Speak and listen users

1800 555 727 then ask for 1800 555 727

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Scope's Communication and Inclusion Resource Centre wrote the Easy English. March 2017 www.scopeaust.org.au.

To see the original contact The National Disability Insurance Agency.

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